

Youth Suicide: Awareness and Prevention

Estimated time to complete: 30 min.

Course Description

The statistics on youth suicide are staggering: suicide has become the 3rd leading cause of death for adolescents, with rates that have increased over 300% since the 1950s. However, by learning the facts about youth suicide, knowing the warning signs, and being ready to take action to safeguard a student, any campus staff member can help prevent a tragedy. The goal of SafeColleges' *Youth Suicide: Awareness and Prevention* course is to provide campus professionals with information that will help them reduce the likelihood of suicide among students in their school. This course will also explain the important role campus personnel can have in suicide prevention.

Common Themes

This course reviews the following topics related to suicide prevention:

- Understanding the scope of the problem of youth suicide
- Common risk factors related to youth suicide
- Successful strategies for youth suicide prevention
- The immediate steps a staff member should take if they encounter a student who is threatening suicide
- Best practices for intervention after a suicide (also known as "postvention")

Author

Dr. Scott Poland is an internationally recognized expert on school psychology issues related to violence prevention and crisis response. Dr. Poland is the former President of the National Association of School Psychologists and serves as Chairman of its National Emergency Assistance Team. He also retired as the Director of Psychological Services for Cypress-Fairbanks Independent School District in Houston, Texas, and is now a staff member at Nova University in Florida, while continuing to consult internationally.

Training Environments

SafeColleges is ideal for a blended learning environment, complementing in-service or video training, or as a stand-alone training course. The *SafeColleges* approach engages the learner in an e-learning environment while a Compliance Management System automatically tracks his/her progress through the courses. This assists the district administrator or training coordinator in demonstrating compliance.

For a free evaluation, email info@safecolleges.com or call 1.800.434.0154.
