

## Health Emergencies: Asthma

Estimated time to complete: 10 minutes

### Course Description

*SafeColleges Health Emergencies: Asthma* focuses on the **symptoms**, **treatment** and **monitoring** of asthma and is designed for all school personnel indirectly involved with students with asthma. Approximately 1 out of every 10 students has asthma. Or, said differently, 2–3 students in the average classroom are asthmatic.

All school staff members need to have a basic familiarity with asthma. Understanding the disease and recognizing its symptoms are key to ensuring the safety of students with asthma.

### Common Themes

- Statistics on increasing prevalence of asthma among students
- Definition of asthma
- Signs and symptoms of asthma attacks
- Overview of asthma treatments including inhalers and nebulizers
- Important health care considerations in minimizing asthma attacks

### Authors

Carol Jones has been a school nurse in the Peninsula School District in Gig Harbor, Washington for over 20 years. She also serves as the lead nurse and coordinates health and safety training programs for district employees. Carol has additional experience as an emergency department nurse, a public health nurse and as a medical-surgical instructor in a diploma-nursing program.

### Training Environments

*SafeColleges* is ideal for a blended learning environment, complementing in-service or video training, or as a stand-alone training course. The *SafeColleges* approach engages the learner in an e-learning environment; while a Compliance Management System automatically tracks his/her progress through the courses. This assists the campus administrator or training coordinator in demonstrating compliance.

For a free evaluation, email [info@safecolleges.com](mailto:info@safecolleges.com) or call 1.800.434.0154.