

## Cardiopulmonary Resuscitation (CPR)

Estimated time to complete: 10 minutes

### Course Description

*SafeColleges' CPR* course is a tutorial designed for all school staff that focuses on key CPR techniques, considerations, and precautions for all staff. The course content addresses how lifesaving CPR technique can be applied during health emergencies in schools and the district workplace. **Note:** This course is designed to be a complement to hands-on CPR training.

### Common Themes

- History and progression of CPR
- Fundamentals of human physiology
- CPR considerations for staff (adults)
- CPR considerations for students (children)

### Authors

Suzan Tibbitts is a school nurse in Utah. She is directly responsible for the health care of over 9,000 students, and project manager of the Vaccine for Children program in the Granite School District. Suzan graduated from Westminster College with a Bachelors degree in Nursing and received her Masters of Nursing in Health Care Administration and Education from the University of Phoenix.

Janell Eastman is also a district nurse with responsibility for over 9,000 students in the Granite School District of Utah. Her past experience includes Surgical Nursing, Public Health Case Management and Occupational Health Administration. Janell graduated from Brigham Young University with a Bachelors degree in Consumer Economics and from Westminster College with a Bachelors degree in Nursing and received her Masters of Education from Cambridge College.

### Training Environments

*SafeColleges* is ideal for a blended learning environment, complementing in-service or video training, or as a stand-alone training course. The *SafeColleges* approach engages the learner in an e-learning environment; while a Compliance Management System automatically tracks his/her progress through the courses. This assists the campus administrator or training coordinator in demonstrating compliance.

For a free evaluation, email [info@safecolleges.com](mailto:info@safecolleges.com) or call 1.800.434.0154.